



Welcome Booklet

School Meals





Dear Parent/Guardian

MIDSHIRE SIGNATURE SERVICES

We are the catering provider at your child's school and are looking forward to feeding your child with lots of yummy food in the next academic year! As you and your child embark on a new journey with the school, we thought we would give you some information about Midshire Signature Services.

We are an independent contract caterer providing specialist catering, cleaning and support services, predominantly throughout the Northwest. Midshire Signature Services is a family run business and owned by husband and wife, Phil and Sue Bradwell.

'We are small enough to care and big enough to make a difference'

Our lunchtime mascots, The Positives are in the main dining hall at your child's school and our operations and catering teams host events throughout the year to teach your children about nutrition, hydration, sustainability and how being active can help them stay healthy.

Our menus are run on a three-week seasonal menu cycle providing a full range of meals and snacks to suit all diets and dietary requirements. We are a fresh food company, cooking meals from fresh ingredients and offering value for money in a variety of offers. You can pre order your child's lunch using the school specific platform that has been set up for you, this could be via ParentPay, Arbour, Bromcom, SchoolGrid, Cre8te or other popular platforms. Speak with the schools office or check the school website if you are unsure.

We are delighted to welcome you and your child as customers of Midshire Signature Services and believe we will make your child's lunchtime an enjoyable experience, as we put the pupils at the centre of all our activity.

BECAUSE SAFE FOOD IS HAPPY FOOD



SERVICE



RELATIONSHIPS



TEAMWORK

.... positively safe!



Should you have any questions please contact the school who can in turn request information from Midshire, or visit our website @ www.midshiress.co.uk

For The Positives we have a video link below to share with the pupils, to engage with them prior to your arrival.

https://drive.google.com/file/d/1H5p_DwwGA-oPUublpWwcXGEzYRugQTKI/view?usp=sharing

**Yours faithfully,
Midshire Signature Services**



MIDSHIRE
SIGNATURE SERVICES



THE POSITIVES

Meet
HOLDEN
who represents
HYDRATION

Meet
SABE
who represents
SUSTAINABILITY



Meet
NIA
who represents
NUTRITION

Meet
CN-50
who represents
**CARBON
NEUTRALITY**

Meet
AX
who represents
BEING ACTIVE

Positively Fresh

When preparing menus for our youngest customers it is our priority and responsibility to ensure the food they eat is nutritionally balanced, without undesirable additives and is freshly prepared onsite by our highly trained catering staff. As a fresh food company where all of our menu is made from raw, fresh ingredients, we only use the highest quality food produce from sustainable sources, we have freedom to choose the best suppliers ensuring all our meat, poultry, eggs and fish are from reputable sources and hold the relevant food assurance marks.

It is imperative that our menus provide students with all the necessary nutrients to give them a well-balanced meal at school lunchtimes. To promote good health, it is essential that our food offering contains sufficient energy and macronutrients. We understand that this is of utmost importance. Our 3 week primary menu cycle is adapted seasonally to ensure we are using the best, local ingredients and include a self-service salad and fruit bar, accompanied by homemade breads and fresh water.

As your schools' catering provider, it is our job to create menus each term that have tasty, nutritional meals that meet the School Food Standards. Our menus also have extra hidden nutrients and proteins in our recipes that also support with filling your child up for longer. These extra nutrients and proteins are from plant based foods that are not only nutritious, but also better for the environment.

We are
Bronze
School Plates
Award Winners!



Allergies

Your child's health and wellbeing is paramount to us, and we have a variety of safety processes to support you and your child when it comes to taking a school meal.

If you order your child's lunch via Cre8te, you can 'tick' relevant allergies when setting up your child's account. This feature will then block meal choices that have items that are not suitable for your child. You can also look at the recipes used for each of our dishes for complete peace of mind.

Allergens

Celery	Gluten	Crustacea	Eggs
Fish	Lupin	Milk	Molluscs
Mustard	Nuts	Peanuts	Sesame seeds
Soya	Sulphur dioxide		

☒ Please tick here if you would also like us to block dishes where the manufacturer has indicated ingredients 'May Contain' traces of your selected allergens.

If you order your child's lunch via alternative platforms such as; ParentPay/Cypad, Arbour, Bromcom, or other school platforms you are required to complete the following form and return it to school as soon as possible.

We are aware that the school may already hold a lot of this information, but we feel it is important that this information is updated on a regular basis to ensure that we, as the caterer hold the correct details of your child's dietary requirements.

If your child has a variety of dietary restrictions you can arrange a meeting with the onsite catering manager or our regional operations manager to discuss your child's needs and our teams will create a menu for your child to include suitable dishes.

Pupil Modified Meal Form

This form is designed to support Midshire Signature Services to understand your child's dietary requirements with the aim to provide your child with a safe and suitable school meal.

Note

It is the Parent/Guardians responsibility to notify immediately to the school and/or Midshire Signature Services of any changes to their child's dietary requirements.

Pupil's name	
Pupil's class	
School	
School address	

Please clearly state your child's allergies and/or intolerances.

Please indicate below if your child follows any other diet (Vegetarian, Vegan, Halal, Kosher etc) or has any other dietary requirements.

Parent/Guardian Name	
Signature	
Date	

This form must be certified by a medical professional i.e. GP, Paediatrician, School Nurse, Allergen Clinic etc

Medical Professional Name	
Signature	
Position	
Date	

Please return this form to: - positivelysafe@midshiresignatureservices.co.uk

Free School Meals

All early years children that are in Reception, Year 1 and Year 2 are entitled to receive Universal Infant Free School Meals (UIFSM).

We think this is a fantastic initiative and we encourage all eligible pupils to take this meal, most of our schools operate an 'opt out' approach as we encourage eating school meals from the start of the school journey. This also means that you don't need to register for this, your child is automatically entitled to it. How fantastic is that?

Not only does this save your family time and money, but you will also be giving your child a nutritionally balanced meal to fuel their minds and bodies for the rest of their school day.

UIFSM differs from Free School Meals which is an entitlement based on household income and individual parent/guardian circumstances. The government have also announced changes in the thresholds for eligibility, meaning that more children and more households will be entitled to Free School Meals in the future.

If you feel you may be entitled to receive Free School Meals you can request the relevant forms from your schools office or go to the government website www.gov.uk/apply-free-school-meals.



Sample Menu



WEEK 1



WEEK 2



WEEK 3



EVERY WEEK

DATA PANEL

01 01 2024

02 02 2024

03 03 2024

04 04 2024

05 05 2024

06 06 2024

07 07 2024

08 08 2024

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'PLANET POSITIVE' MONDAYS	'TASTY' TUESDAYS	WEDNESDAY 'WINNERS'	'TRY IT' THURSDAYS	'FISH' FRIDAY
SUBJECT TO CHANGE OR REGIONAL VARIETY				
Penne Pasta with Herby Tomato Sauce  Mexican Style Tortilla Rolls  Home Bake Flapjack	Traditional Chicken Fajita Creamy Macaroni Cheese  Shortbread Sandwich	Roast Chicken Dinner, Yorkshire Pudding & Gravy Vegetable Meatloaf  Ginger Cake	Spaghetti Bolognaise Cheese and Tomato Quiche  Strawberry Mousse	Golden Fish Fingers Plant Powered Sausage   Chocolate Brownie
SUBJECT TO CHANGE OR REGIONAL VARIETY				
Margarita Pizza  Seasonal Chunky Vegetable Curry  Banana Muffin	Monster Chicken Burger Planet Friendly Pasta Bolognaise   Fruit Jelly	Sausage and Mash with Gravy Baked Cheese and Onion Pasty  Oat Cookie	Chicken Tikka Masala Curry Vegetable Calzone Pizza  Lemon Drizzle Cake	Golden Fish Fingers Toasted Cheese and Tomato Panini  Apple Crumble Traybake
SUBJECT TO CHANGE OR REGIONAL VARIETY				
Juicy Meatballs in a Rich Tomato Sauce with Penne Pasta Rustic Mixed Bean Chili  Fabulous Flapjack	Pork Sausage and Baked Bean Parcel 'Positives' Mexican Style Taco  Chocolate Muffin	Roast Chicken Dinner, Yorkshire Pudding & Gravy Vegetable Meatloaf  Ginger Biscuit	Mild Chicken Curry Crunchy Vegetable Stir-Fry with Egg Noodles  Carrot Cake	Crispy Fish Finger Wrap Breaded Vegetable Burger and Crunchy Salad  Courgette and Lemon Cupcake

 SELECTION OF SANDWICHES

Allergy information available on the Daily Menus

AVAILABLE DAILY:  HOMEMADE BREAD  FRESH FRUIT  SELECTION OF JACKETS  SALAD BAR

 VEGAN

 VEGETARIAN

 WHOLEGRAIN

 CHEF'S SPECIAL

 PLANT POWER

Our menus are made from fresh ingredients and full of tasty nutrients!

Theme Days & Events

At Midshire Signature Services we create long lasting partnerships with our clients and customer because we are passionate above going above and beyond in our partnerships and offer more than just the food on a plate.

Our experience tells us that pupil engagement at KS1 and KS2 can readily be achieved with some fun characters that will help engage with the pupils from a learning perspective too. The 'Positives' are based on five characters that have arrived on Earth to help save our planet and live a healthier lifestyle. Each of the Positives characters come with their own message and missions to collectively achieve the goal of a healthier life and more sustainable future.

Holden – Represents hydration.

Nia – Is all about nutrition and eating a balanced diet.

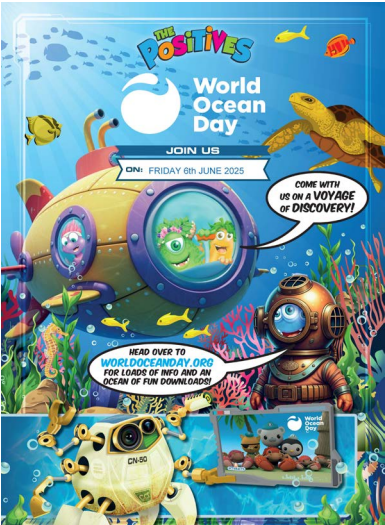
AX – Likes to keep the pupils active with sports activities and challenges.

Sabe – Focuses on saving the planet and becoming more sustainable.

CN-50 – Focuses on teaching methods of carbon reduction.

Each of the Positives Characters has their own fully designed pack full of activities that we deliver to the pupils all of which are designed to support the school's curriculum and teach children in smaller doses about the bigger impact they can have on themselves and the world around them.

The Positives are continually evolving to better suit our school's curriculum and their values, and we love receiving feedback and ideas and brings added vibrancy to the dining room and pupil lunchtime experience.



We cannot wait to welcome you and your child to school in September and we hope the information provided has been helpful. On the following pages we have included some summer light and fun activities that you can print out for your little one to do during the summer break.

Have a great summer, see you in September!

**Print off the
activity sheets
and bring the
pictures to life
with your colour
pencils!**

**Can you find
all of the
words in our
puzzles?**

**See you in
September!**



Activity Pack

Ax's Wordsearch

g	u	i	a	r	p	n	b	d	w	f	i	n	h	q	a	w	v	y	i
u	k	i	d	t	h	n	f	s	r	i	n	u	i	l	g	s	e	f	b
t	h	f	s	e	g	j	u	n	f	t	v	s	y	d	w	v	b	j	k
t	h	t	y	t	h	b	d	g	h	n	d	g	e	a	s	g	s	a	r
h	r	r	s	f	y	t	s	e	d	e	h	w	s	c	k	v	y	j	k
p	a	s	o	q	s	p	o	r	t	s	n	q	w	e	i	u	h	v	c
n	y	i	k	w	a	q	v	n	m	s	a	h	h	w	p	l	a	y	k
p	l	m	n	k	i	i	y	u	h	b	v	g	y	t	d	f	x	z	d
h	q	a	z	x	s	n	w	d	c	v	f	e	r	g	b	j	y	t	h
o	v	b	n	d	y	d	g	s	e	b	a	s	k	e	t	b	a	l	l
p	m	k	l	a	e	f	b	g	s	a	f	b	j	y	f	s	r	h	f
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n	e	t	o	i	p	n	d	a	r	g	e	b	y	w	a	c	j	u	m
g	k	w	t	n	y	h	c	s	a	f	d	m	e	b	i	y	p	f	i
h	j	c	b	g	d	a	r	h	i	u	h	e	a	h	s	p	e	g	h
b	a	l	l	v	h	y	e	r	u	n	n	i	n	g	h	q	w	p	o
g	s	r	h	g	d	g	e	t	j	b	d	s	t	i	k	g	s	h	y
y	h	d	w	r	u	o	l	n	d	e	t	i	o	h	d	y	k	t	s
t	u	h	s	e	f	c	a	t	c	h	j	r	w	s	h	u	y	e	f

Activity Pack

Active

Fitness

Play

Balls

Fun

Running

Basketball

Games

Skip

Catch

Hopping

Sports

Dancing

Jump

Throwing



Holden's Water Wordsearch

a	z	s	p	r	i	n	g	q	r	t	o	m	b	e	l	i	k	m	o
l	y	n	a	e	n	o	c	u	p	p	s	b	m	g	d	c	x	a	z
t	p	o	f	j	h	q	u	a	r	i	v	e	r	z	m	h	o	n	j
l	d	w	k	o	s	c	a	q	x	y	t	n	m	a	a	y	w	k	g
o	i	u	a	t	e	m	o	i	s	t	u	r	e	b	e	d	c	m	p
c	o	n	e	s	p	t	u	n	a	i	m	s	q	r	a	r	e	z	y
e	w	t	r	a	p	o	a	t	d	c	r	p	e	l	e	a	o	r	z
a	e	a	v	w	a	t	e	r	a	e	a	y	o	p	y	t	q	m	n
n	v	i	o	a	z	s	e	a	d	v	n	z	w	a	o	i	o	u	o
p	a	t	n	t	n	e	v	i	r	a	k	s	r	p	t	o	t	y	a
o	r	a	s	r	k	t	e	n	i	p	n	o	a	e	l	n	v	v	e
s	d	c	h	n	g	d	f	l	o	o	i	a	h	t	e	c	i	n	o
e	t	a	i	a	b	k	n	e	v	r	t	k	s	u	i	d	m	b	u
f	g	r	e	o	m	u	t	w	e	a	j	b	v	f	x	o	x	s	l
r	d	w	m	p	y	f	z	r	f	t	z	y	g	e	i	j	n	n	v
q	l	h	p	q	a	v	o	e	d	i	z	g	c	u	k	i	v	i	s
c	r	s	t	r	e	a	m	c	x	o	m	l	e	g	h	j	v	b	d
k	m	x	m	a	d	l	e	y	t	n	c	b	f	k	z	l	s	w	x
a	s	r	p	c	k	n	m	t	o	s	t	b	a	i	g	z	y	y	m
q	r	u	w	n	c	o	p	q	z	n	c	y	c	l	e	t	c	x	b

Aqua

Ice

Snow

Condensation

Moisture

Soak

Drink

Ocean

Spring

Evaporation

Rain

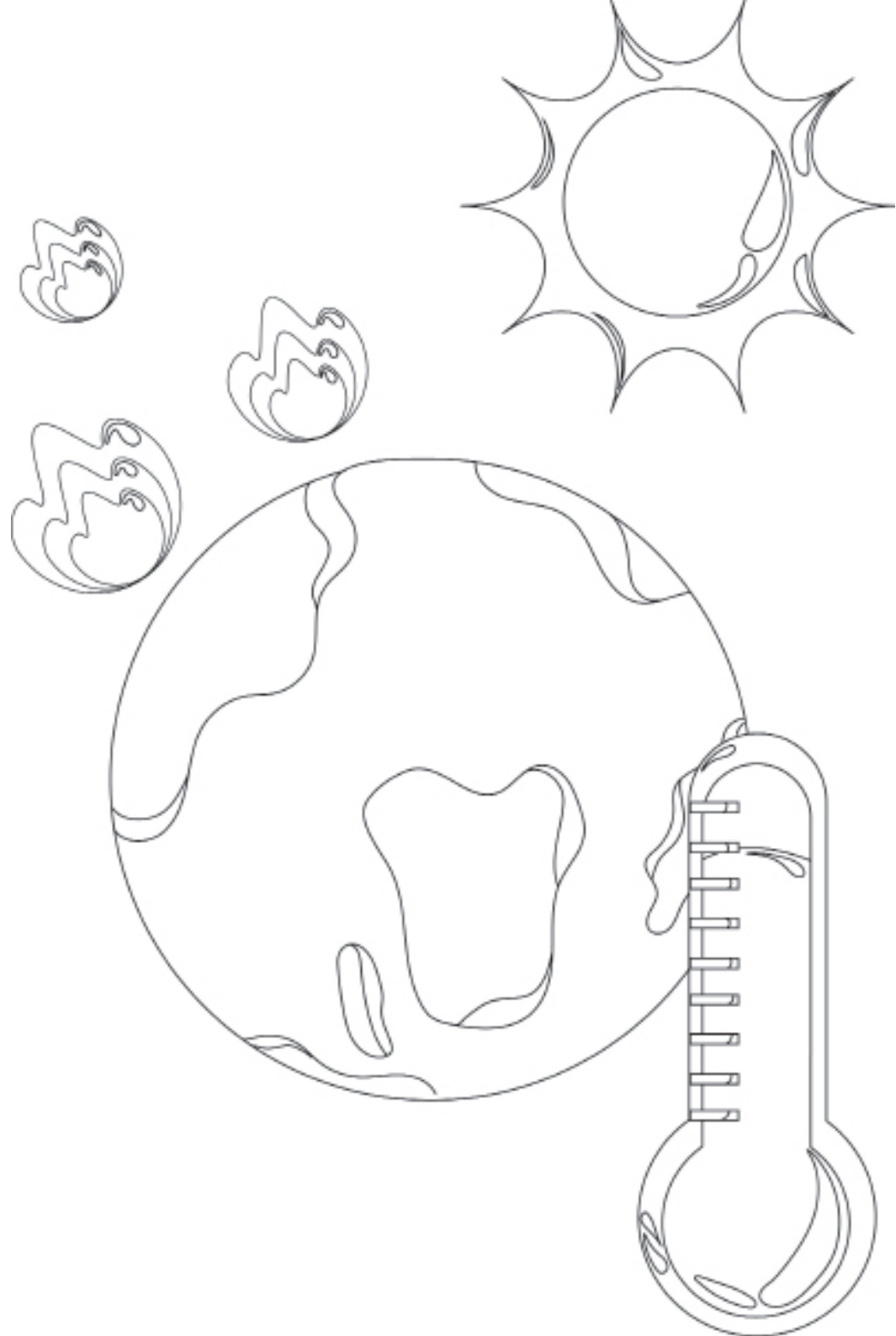
Stream

Hydration

River

Water





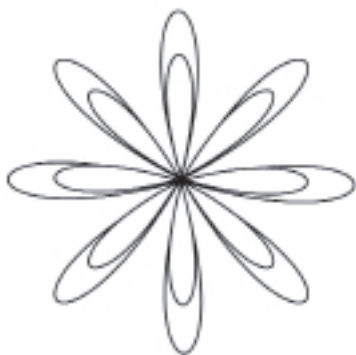


LOVE

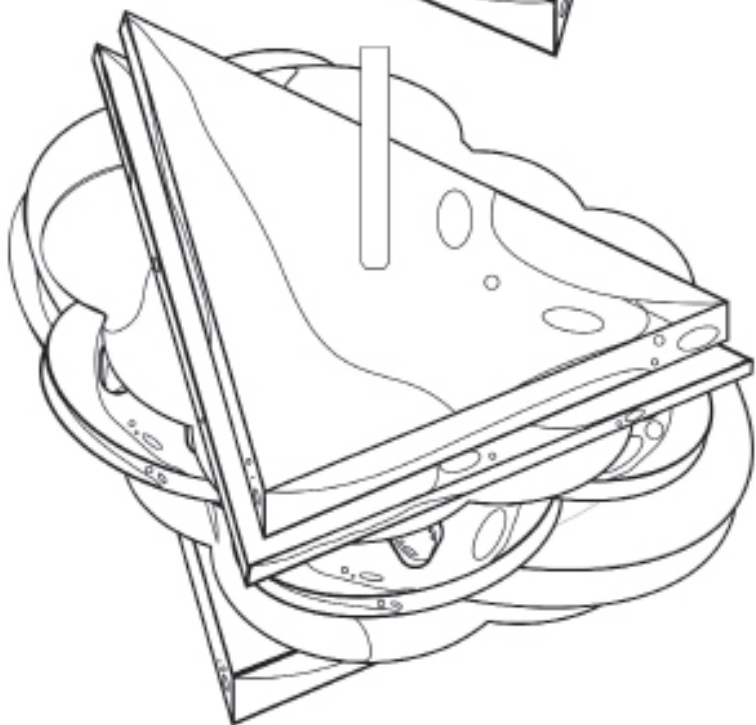
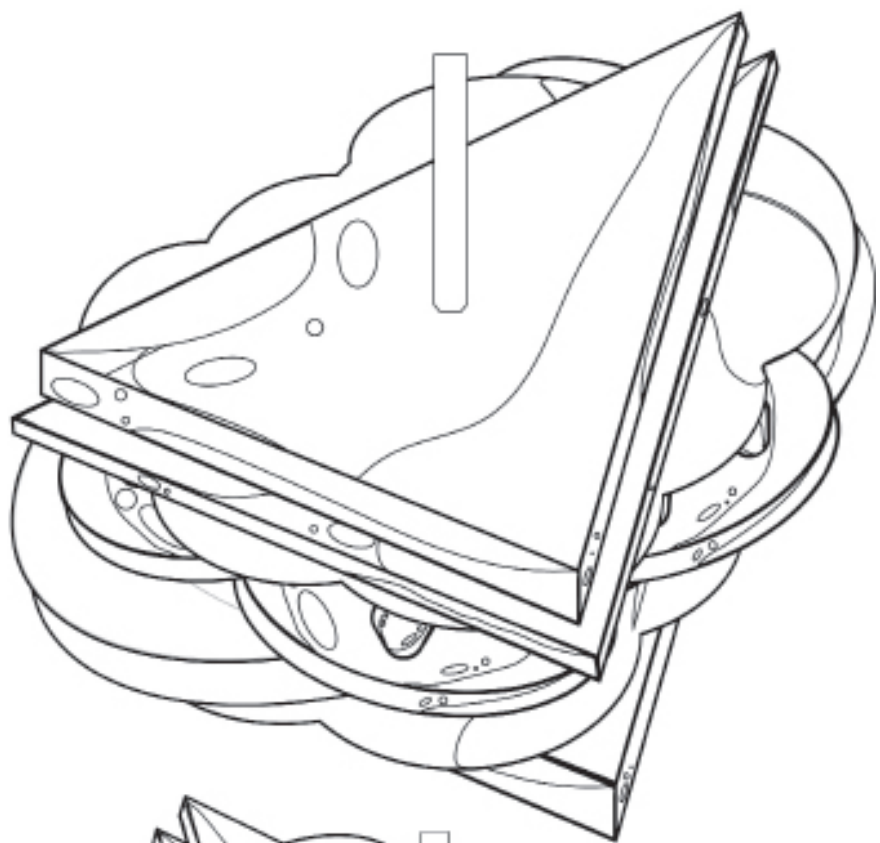


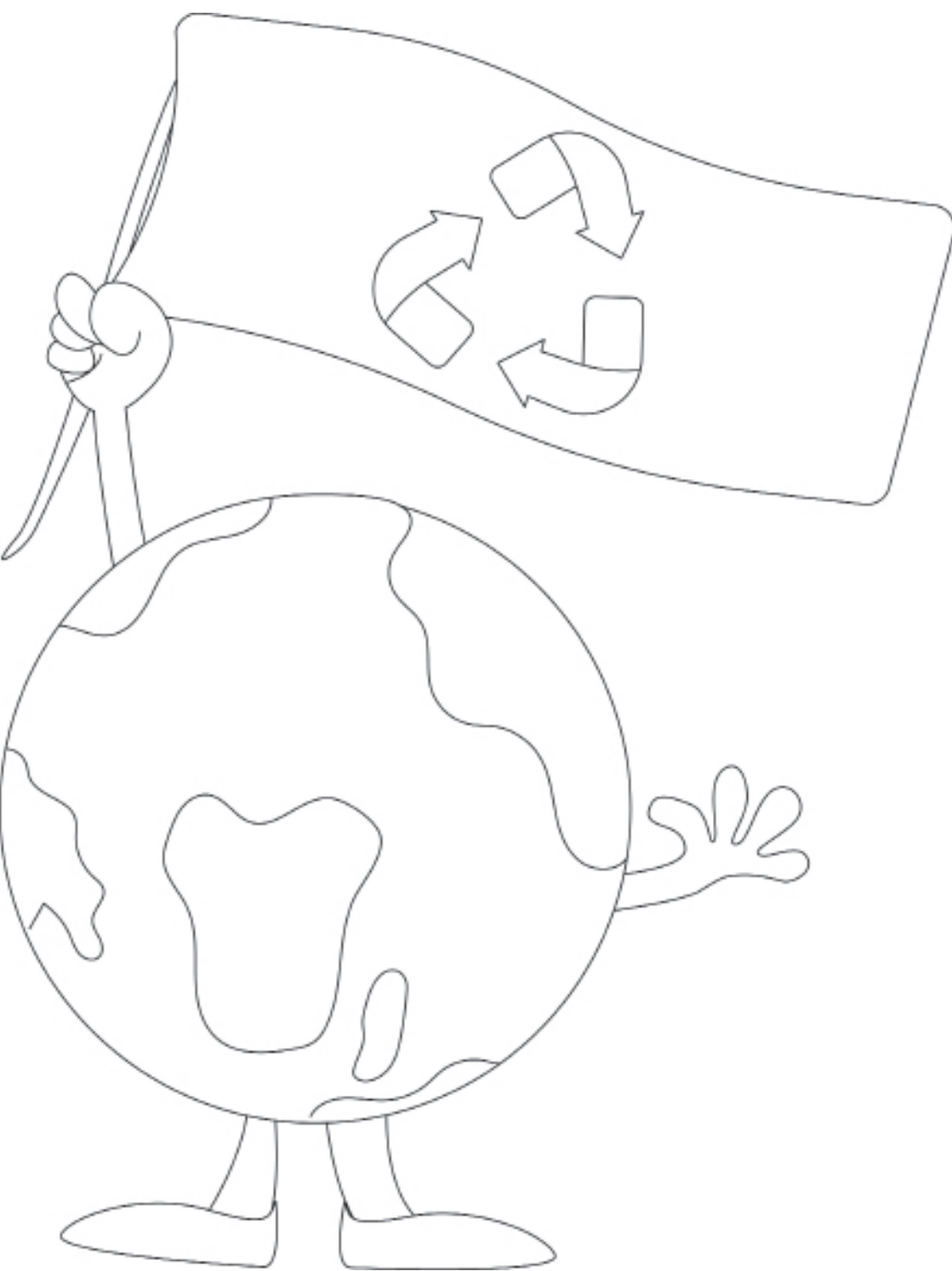
YOUR

PLANET

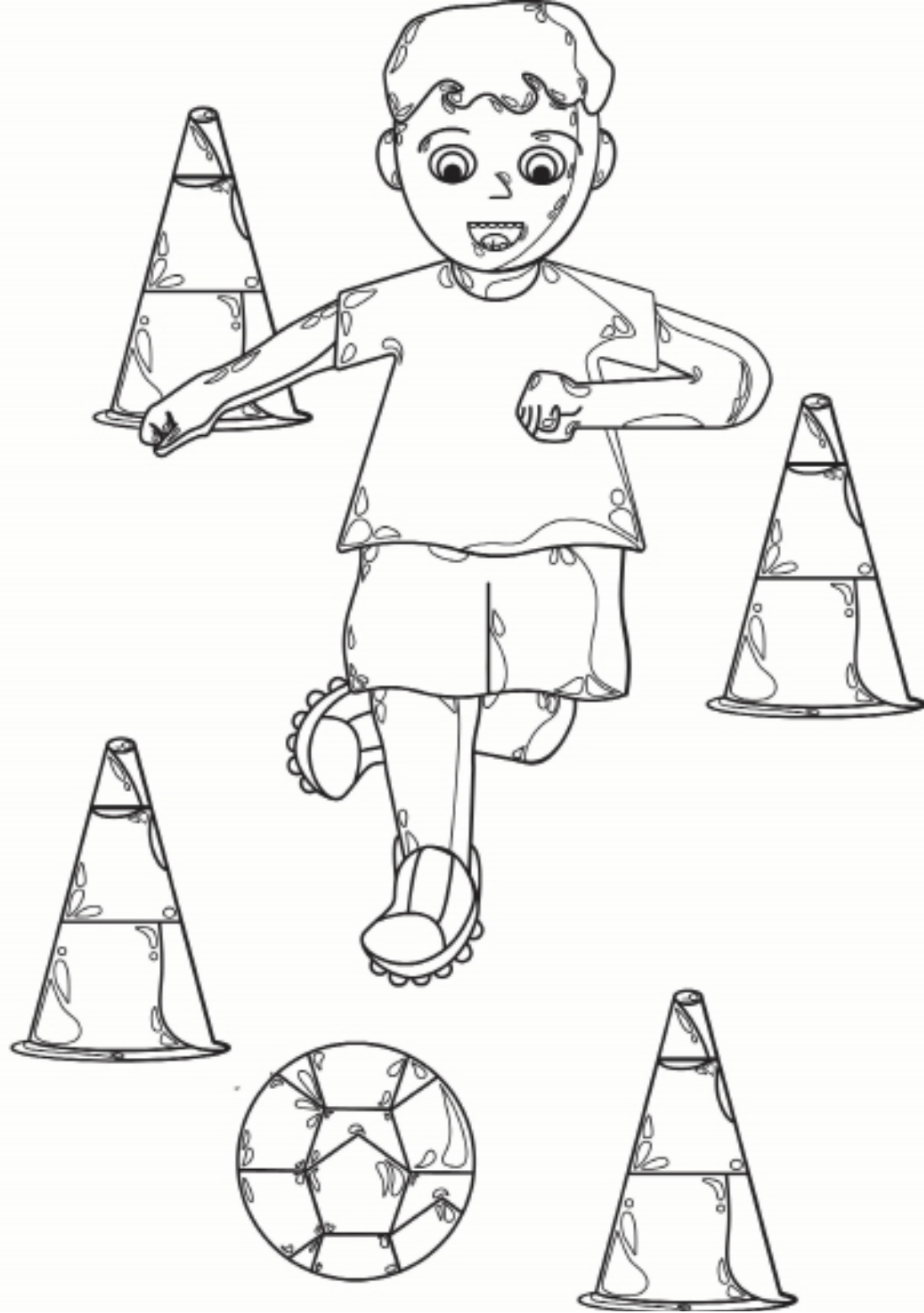


SANDWICHES











MIDSHIRE
SIGNATURE SERVICES

